

# DAYTIME FOOD MENU

## GRO'S OWN

<b>LOCAL HERO</b> TOWER OF STORNOWAY BLACK PUDDING ON TATTIE SCONE, TOPPED WITH BACON & STEAK SLICE WITH 2 LARGE ORGANIC POACHED EGG AND A WEE SIDE OF TOASTED SOUR DOUGH	£10.70
<b>BUTTERMILK CHICKEN PANCAKES</b> 2 FLUFFY PANCAKES WITH A MARINATED BUTTERMILK CHICKEN BREAST DEEP FRIED TO PERFECTION TOPPED WITH AN ORGANIC FRIED EGG, DRIZZLED IN MAPLE	£11.50
<b>BREAKFAST PANCAKES</b> BLUEBERRY INFUSED FLUFFY FOUR STACK, TOPPED WITH CANDIED BACON, MAPLE SYRUP AND A FRIED EGG	£10.50
<b>HOT SMOKED SALMON</b> TOASTED SOUR DOUGH, LAYERED WITH AVOCADO, HOT SMOKED SALMON AND TWO ORGANIC POACHED EGGS, FRESH LEMON	£10.80
<b>SRIRACHA MAPLE WAFFLE</b> LAYERED WARM WAFFLE, WITH CANDIED BACON, FRESH LETTUCE, BUTTERMILK CHICKEN COATED IN SRIRACHA MAPLE, TOPPED WITH A FRIED EGG	£11.50
<b>HOT EGGS</b> TOASTED SOUR DOUGH, TOPPED WITH A THICK LAYER OF SMASHED AVO ROSARIO CHORIZO, TWO ORGANIC POACHED EGGS, FINISHED WITH A CHIPOTLE HOLLANDAISE, AND MEXICAN KETCHUP	£10.70
<b>STEAK PHILLY</b> CREAMY PHILADELPHIA, SLICED AVOCADO ASIDE A FANNED RUMP STEAK AND TOPPED ORGANIC POACHERS, BACON CRUMB & CRISPY FRIED ONIONS	£11.50
<b>PULLED BEEF BRISKET</b> OUR SIGNATURE BEEF BRISKET, SLOW COOKED PULLED AND GLAZED, SAT UPON BACON, TOASTED SOUR DOUGH AND ORGANIC POACHERS, FRIED ONION CRUMB	£10.70
<b>STEAK AND CHEDDAR OMELETTE</b> MATURE CHEDDAR INFUSED OMELETTE, WITH FRESHLY DICED RUMP STEAK AND CHORIZO, TOPPED WITH SPANISH SALSA, CHIPOTLE MAYO AND SOUR CREAM	£11.50
<b>MEDITERRANEAN EGGS</b> GRILLED ASPARAGUS WITH FANNED AVO, ROASTED TOMATO, TOPPED WITH PARMA HAM, CHILLI JAM & POACHED EGGS, ON WARM TOASTED SOURDOUGH, WITH CRUMBLED FETA	£11.20
<b>BREAKFAST BURRITO</b> CRISPY BACON, SAUSAGE, RICE, ORGANIC SCRAMBLED EGGS, TOMATO & CHEDDAR WITH JALAPENOS, SALSA & SOUR CREAM	£10.70
<b>BREAKFAST TACO</b> WARM FLAT TORTILLA, JALAPENO CHEDDAR, SMASHED AVO CHIPOTLE MAYO SEASONED MARINATED BUTTERMILK CHICKEN BREAST, RICE, ORGANIC FRIED EGG, TOMATO AND MEXICAN SALSA	£11.50
<b>BERRY BRIOCHE</b> BRIOCHE FRENCH TOAST, TOPPED WITH FRESH CREAM, MIXED FRESH BERRIES, HOME ROASTED GRANOLA, BERRY COULIS AND CARAMEL	£10.50
<b>STORNOWAY SALAD</b> FRESH LEAFY GREENS WITH A BALSAMIC GLAZE, TOPPED WITH CRUMBLED STORNOWAY BLACK PUDDING DICED BACON, AND TWO POACHED EGGS WITH A TOASTED SOUR DOUGH SIDE	£11.30

## GRO FEEL GOOD

ORGANIC PORRIDGE OATS SERVED PLAIN, OR ADD ONE OF OUR DELICIOUS NUTRITIOUS COMBOS ON THE SIDE. <b>LARGE £5.50 SMALL £3.50</b> · MAPLE SYRUP, RAISINS & CINNAMON · MIXED FRESH BERRIES & ORGANIC HONEY · CARAMELISED BANANA & ORGANIC HONEY
HOME ROASTED GRANOLA BOWLS ORGANIC YOGHURT OR ACAI SERVED WITH A RANGE OF CHUNKY FRUITS AND BERRIES LARGE 7.50 SMALL 5.00
HAPPY MELON DAYS MEDLEY OF FRESH MELON, CHUNKY FRUITS & BERRIES BOWL LARGE £6.50 SMALL £4.00

## GRO CLASSICS

<b>EGGS BENEDICT</b> 2 ORGANIC POACHED EGGS WITH BACON, SERVED ON WARM TOASTED SOUR DOUGH, TOPPED WITH OUR OWN HOLLANDAISE SAUCE	£9.90
<b>HALLOUMI BENEDICT</b> 2 ORGANIC POACHED EGGS WITH GRILLED HALLOUMI, SERVED ON WARM TOASTED SOUR DOUGH, TOPPED WITH OUR OWN HOLLANDAISE SAUCE	£10.40
<b>STORNOWAY BENEDICT</b> 2 ORGANIC POACHED EGGS WITH, SERVED ON SLICED BLACK PUDDING ON TOASTED SOUR DOUGH, TOPPED WITH OUR OWN HOLLANDAISE SAUCE	£10.40
<b>EGGS ROYALE</b> 2 ORGANIC POACHED EGGS WITH SMOKED SALMON, SERVED ON TOASTED SOUR DOUGH TOPPED WITH OUR OWN HOLLANDAISE SAUCE	£10.40
<b>EGGS ANYWAY</b> 2 ORGANIC EGGS SERVED HOW YOU LIKE, POACHED, SCRAMBLED, FRIED OR BOILED WITH FRESH CHUNKY TOAST	£6.50
<b>TOASTED SUNNY SIDE BAGEL</b> SMOKED SALMON OR BACON WITH CREAM CHEESE AND AVOCADO WITH A GENEROUS SIDE SALAD AND ORGANIC SUNNY EGG	£9.90
<b>BEATEN UP AVOCADO</b> HIT WITH A LITTLE LEMON ON A BED OF SOURDOUGH TOPPED WITH 2 ORGANIC POACHED EGGS (WHY NOT ADD ANY EXTRAS)	£8.80
<b>FRENCH TOAST</b> THICK CUT SLICES OF FRESH ORGANIC EGGY BREAD ADD MAPLE SYRUP £1.50      ADD BACON £2.50	£6.80
<b>GRO OMELETTE</b> 4 ORGANIC EGG OMELETTE WITH 2 FILLINGS OF YOUR CHOICE, GARNISHED WITH SRIRACHA MAYO  PLEASE CHOOSE ANY 2 FILLINGS: SPINACH, TOMATO, MUSHROOM, BACON, CHICKEN, CHEDDAR, AVOCADO, BLACK PUDDING, SMOKED SALMON, BAKED HAM, SALAMI, CHORIZO, STEAK JALAPENOS, RED ONION, GOATS CHEESE, HALLOUMI,	£10.90

## GRO BREAKFASTS

<b>BIG GRO BREAKFAST</b> 2 ORGANIC EGGS SERVED HOW YOU LIKE, LOCALLY SOURCED SAUSAGES, BACON, STORNOWAY BLACK PUDDING, FLAT CAP MUSHROOMS, BEANS, TATTIE SCONE, FRESH VINE TOMATOES & CHUNKY TOAST	£13.10
<b>BIG MEAT BREAKFAST ADDITION</b> RUMP STEAK, SPANISH CHORIZO LINK, SLICED SAUSAGE	£6.50
<b>WEE GRO BREAKFAST</b> THE LITTLE BROTHER OF OUR BIG GRO WITH 1 ORGANIC EGG, SAUSAGE, 1 RASHER OF BACON, 1 PIECE OF STORNOWAY BLACK PUDDING, MUSHROOMS, BEANS, TATTIE SCONE, TOMATO & CHUNKY TOAST	£10.30
<b>VEGGIE GRO BREAKFAST</b> 2 ORGANIC EGGS SERVED HOW YOU LIKE, SPINACH, VEGGIE SAUSAGES, MUSHROOMS, VEGAN BACON BEANS, FRESH TOMATO, TATTIE SCONE & CHUNKY TOAST	£11.50

## BIG BREAKFAST ROLLS/ SANDWICHES

**ANY 2 ITEMS £5.50    3 £6.50    4 £7.50**

bacon, sausage, sliced sausage, fried eggs, scrambled egg, tattie scone  
black pudding, haggis, mushroom, tomato

## BREAKFAST EXTRAS - ADD TO ANY DISH OR HAVE ON THE SIDE;

STORNOWAY BLACK PUDDING	£2.50	AVOCADO	£2.50	TATTIE SCONES	£1.00	MAPLE SYRUP	£1.50
2 BACON	£2.50	SPINACH	£1.00	TOMATOES	£1.00	HALLOUMI	£3.50
2 SAUSAGES	£2.50	VEGGIE SAUSAGES	£1.00	MUSHROOMS	£1.00	BUTTERED TOAST	£3.00
HAGGIS	£2.00	VEGAN BACON	£2.50	ORGANIC EGG	£1.00	HONEY	£0.50
SMOKED SALMON	£3.50	BEYOND MEAT BURG	£3.50	ORGANIC BEANS	£1.50	JAM	£0.50

- PLEASE NOTE WE ONLY ACCEPT CARD PAYMENTS
- IF YOU HAVE ANY ALLERGY CONCERNS PLEASE INFORM OUR STAFF
- ALL OF YOUR GENEROUS TIPS GO DIRECTLY TO OUR STAFF



gro coffee



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# GRO

EST 2015

# DAYTIME FOOD MENU

## GRO SWEET STUFF

£10.50

PICK YOUR BASE:

4 HIGH PANCAKE STACK, SWEET WAFFLE OR BRIOCHE FRENCH TOAST  
(VEGAN PANCAKES & WAFFLES AVAILABLE)

PICK YOUR TOPPING:

·OUR DAILY SPECIAL (PLEASE ASK YOUR SERVER)

**\*NUTELLA, MAPLE & CARAMELISED BANANA WITH CHOPPED NUTS, ICE CREAM**

**\*FRESH DOUBLE CREAM & BERRIES, BERRY COULIS  
& PISTACHIO**

**\*BISCOFF TOP, MAPLE, STRAWBERRIES &  
LOTUS CRUMB AND MAPLE**

**\*RASPBERRY AND WHITE CHOCOLATE INFUSED, CARAMEL POUR,  
CHOPPED NUTS, RASPBERRY SORBET**

## GRO CHUNKY SANDWICHES sides and salad

£9.90

PICK YOUR BREAD:

WHITE, BROWN, GLUTEN FREE, BAGEL OR TORTILLA WRAP

PICK 1 PREMIUM FILLING:

OVEN BAKED HAM, CHICKEN BREAST, CHORIZO, TUNA MAYO, BACON,  
STEAK, CORONATION CHICKEN, SMOKED SALMON, BBQ PULLED PORK,  
CAJUN CHICKEN, PRAWN MARIE ROSE, BRIE, SMOKED CHEESE,  
MONTEREY JACK CHILLI CHEESE, EMMENTAL, GOATS CHEESE.

FOR VEGAN PLEASE SEE THE GRO VEGAN BOX.

PICK UP TO 2 STANDARD FILLINGS:

TOMATO, CUCUMBER, LETTUCE, SPINACH, COLESLAW, ONION, HUMMUS,  
MAYO, CHEDDAR, CHUTNEY, SRIRACHA, CREAM CHEESE, CHILLI JAM,  
CHIPOTLE, MAYO, PESTO

PICK UP TO 2 SIDES:

TORTILLA CHIPS, KETTLE CHIPS, POTATO SALAD, COLESLAW

OR ADD SOUP FOR £2.50  
ADD AN EXTRA PREMIUM FILLING FOR £2.50  
ADD AN EXTRA STANDARD FILLING FOR £1.00

## GRO LUXURY CHUNKY TOASTIES sides and salad

£9.90

PICK YOUR BREAD:

THICK CUT WHITE, BROWN, GLUTEN FREE OR TORTILLA WRAP

PICK YOUR CHEESE:

MOZZARELLA, CHEDDAR, BRIE, MONTEREY JACK CHILLI CHEESE,  
SMOKED CHEESE, EMMENTAL, HALLOUMI, GOATS CHEESE

PICK 1 PREMIUM FILLING:

STORNOWAY BLACK PUDDING, BACON, HAM, TUNA, CHICKEN,  
SMOKED SALMON, CHORIZO, SALAMI, STEAK, HAGGIS,  
MAC N' CHEESE, BBQ PULLED PORK, CHILLI,  
CAJUN CHICKEN, CHICKEN FAJITA, SPINIATTA, NDUJA

FOR VEGAN PLEASE SEE THE GRO VEGAN BOX.

PICK UP TO 2 STANDARD FILLINGS:

ONION, TOMATO, PEPPERS, PINEAPPLE, JALAPENOS, BRANSTON PICKLE,  
CHUTNEY, GHERKIN, SRIRACHA, PESTO

PICK UP TO 2 SIDES:

TORTILLA CHIPS, KETTLE CHIPS POTATO SALAD, COLESLAW

OR ADD SOUP FOR £2.50  
ADD AN EXTRA PREMIUM FILLING FOR £2.50  
ADD AN EXTRA STANDARD FILLING FOR £1.00

## GRO BAKED POTATOES

£9.90

**FRESHLY BAKED SERVED WITH SALAD AND CHUNKY COLESLAW,**  
PLEASE CHOOSE ONE OF OUR GORGEOUS MADE IN HOUSE FILLINGS:

TUNA MAYO, CORONATION CHICKEN, CHICKEN FAJITA  
BEEF CHILLI, VEGGIE CHILLI, BBQ PULLED PORK, MAC N' CHEESE  
WITH CRISPY BACON BITS, ORGANIC BAKED BEANS, CHEDDAR,  
CAJUN CHICKEN, PRAWN MARIE & SMOKED SALMON

## GRO MAC SKILLETS

£11.30

ORGANIC MACARONI WITH A COMBINATION OR MATURE CHEDDAR AND  
MOZZARELLA CHEESES, SERVED WITH GARLIC BREAD AND A CHOICE OF  
TOPPINGS:

BEEF CHILLI, PULLED PORK, CAJUN CHICKEN, CHICKEN FAJITA,  
GRATED CHEESE TOPPER, CRISPY PUDDLEDUB BACON BITS  
& STORNOWAY BLACK PUDDING

## GRO NACHO BOWL

£11.30

A LARGE BOWL OF ORGANIC NACHO, LIGHTLY LAYERED WITH SOUR CREAM,  
SALSA & CHEDDAR SAUCE.  
SERVED WITH A FILLING OF YOUR CHOICE:

VEGGIE CHILLI, BEEF CHILLI, BBQ PULLED PORK,  
MAC & CHEESE WITH BACON BITS, CAJUN CHICKEN OR CHICKEN FAJITA

## GRO VEGAN

CHOOSE ANY OF THESE PRODUCTS TO ADD ANYWHERE ON THE MENU,  
DESIGN YOUR OWN DISH:

MOZZARELLA, VEGAN BACON, HUMMUS, RICHMOND SAUSAGES, BBQ PULLED  
JACKFRUIT, ORGANIC SOYA YOGHURT, ORGANIC TOFU,  
BEYOND MEAT BURGER, MAYO

PRICES MAY VARY, PLEASE ASK YOUR SERVER FOR MORE INFORMATION

## DOGGY SECTION

DOGGY SAUSAGES 2.50

PUPPUCCINO 2.00

FRESH SLICED CHICKEN POT 2.80

PUP CAKE 2.80

SCRAMBLED EGGS 3.00

CRISPY BACON 2.50

DOGGY SECTION



WE PROUDLY SOURCE AS MANY  
ORGANIC AND ETHICAL PRODUCTS AS FINANCIALLY POSSIBLE,  
INCLUDING OUR FLOUR, MILK, BUTTER,  
COFFEE, YOGHURT, BEANS AND MORE.  
OUR COMMITMENT IS TO QUALITY INGREDIENTS AND OUR  
CUSTOMER FIRST APPROACH.

- PLEASE NOTE WE ONLY ACCEPT CARD PAYMENTS
- IF YOU HAVE ANY ALLERGY CONCERNS PLEASE INFORM OUR STAFF
- ALL OF YOUR GENEROUS TIPS GO DIRECTLY TO OUR STAFF



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