

# DAYTIME FOOD MENU

## GRO'S OWN

all bloomer is buttered please ask otherwise

**LOCAL HERO** £14.20  
TOWERS OF STORNOWAY BLACK PUDDING, HAGGIS ON TATTIE SCONES, WITH CRISPY BACON & STEAK SLICE WITH 2 LARGE POACHED EGGS ON TOASTED BLOOMER

**BUTTERMILK CHICKEN STACK!  
PANCAKES OR BRIOCHE FRENCH TOAST** £14.50  
MARINATED BUTTERMILK CHICKEN DEEP FRIED TO PERFECTION, STREAKY BACON, TOPPED WITH A FRIED EGG, SIDE OF MAPLE POUR

**THE AMERICAN** £14.60  
TWO FLUFFY PANCAKES, THREE HASH BROWNS, PORK SAUSAGES BACON, MAPLE SYRUP, BLUEBERRIES AND TWO LARGE FRIED EGGS

**HOT SMOKED SALMON** £14.20  
TOASTED BLOOMER, LAYERED WITH SMASHED AVOCADO, HOT SMOKED SALMON AND TWO LARGE POACHED EGGS, LEAFY GREENS, FRESH LEMON HOLLANDAISE DOTS

**SRIRACHA MAPLE BRIOCHE FRENCH TOAST** £14.40  
LAYERED WARM BRIOCHE FRENCH, WITH SMOKED PANCETTA, SRIRACHA MAYO DOTS BUTTERMILK CHICKEN COATED IN SRIRACHA MAPLE, TOPPED WITH A FRIED EGG

**STEAK PHILLY** £14.50  
CREAMY PHILADELPHIA, AVOCADO ASIDE A FANNED RUMP STEAK AND TOPPED WITH TWO LARGE POACHED EGGS, SMOKED STREAKY BACON ON TOASTED BLOOMER

**HUEVOS RANCHEROS STACK** £14.50  
SLOW COOKED NDUJA PULLED PORK, ON SOFT FLOUR TORTILLAS REFRIED BEAN, SMASHED AVO, LARGE GRILLED CHEDDAR POACHED EGGS, PICO DE GALLO, SOUR CREAM, CHILLI PEPPER PEARLS

**BREAKFAST BURRITO** £14.00  
CRISPY BACON, SAUSAGE, RICE, SCRAMBLED EGGS, TOMATO & CHEDDAR WITH JALAPENOS, SALSA & SRIRACHA, SOUR CREAM

**BREAKFAST TACO** £14.50  
WARM FLAT TORTILLA, JALAPENO, CHEDDAR, SMASHED AVO CHIPOTLE MAYO SEASONED MARINATED BUTTERMILK CHICKEN, RICE, FRIED EGG, SALSA

**HOT HONEY AND HALLOUMI** £14.10  
SMASHED AVO ON TOASTED BLOOMER, SURROUNDED BY SMOKED PANCETTA TOPPED WITH HALLOUMI AND A CRISP CHILLI FRIED EGG AND HOT HONEY DRIZZLE

**CHICKEN CAESAR WRAP** £13.50  
SOFT FLOUR TORTILLA, BUTTERMILK CHICKEN TENDERS, BABY GEM IN A CAESAR DRESSING, PARMESAN AND BACON ADD FRIES 4.00

## GRO FEEL GOOD

**BIG BOWL OF ORGANIC PORRIDGE OATS 7.30**  
SERVED PLAIN, OR ADD ONE OF OUR DELICIOUS

CHOOSE:  
· MAPLE SYRUP, RAISINS & CINNAMON  
· MIXED FRESH BERRIES & HONEY  
· CARAMELISED BANANA & HONEY

**HOME ROASTED GRANOLA BOWLS 9.70**  
ORGANIC YOGHURT OR ACAI  
SERVED WITH A RANGE OF CHUNKY FRUITS AND BERRIES

**HAPPY MELON DAYS 8.50**  
BIG MEDLEY OF FRESH MELON, CHUNKY FRUITS & FRESH BERRIES BOWL

## GRO CLASSICS

all bloomer is buttered please ask otherwise

**EGGS BENEDICT** £12.50  
2 LARGE POACHED EGGS WITH BACON, SERVED ON WARM TOASTED BLOOMER, TOPPED WITH OUR OWN HOLLANDAISE SAUCE

**HALLOUMI BENEDICT** £13.20  
2 LARGE POACHED EGGS WITH GRILLED HALLOUMI, SERVED ON WARM TOASTED BLOOMER, TOPPED WITH OUR OWN HOLLANDAISE SAUCE

**STORNOWAY BENEDICT** £13.20  
2 LARGE POACHED EGGS WITH, SERVED ON TWO SLICES OF BLACK PUDDING ON TOASTED BLOOMER, TOPPED WITH OUR OWN HOLLANDAISE SAUCE

**EGGS ROYALE** £13.20  
2 LARGE POACHED EGGS WITH SMOKED SALMON, SERVED ON TOASTED BLOOMER TOPPED WITH OUR OWN HOLLANDAISE SAUCE

**EGGS ANYWAY** £7.80  
2 LARGE EGGS SERVED HOW YOU LIKE, POACHED, SCRAMBLED OR FRIED WITH FRESH CHUNKY BLOOMER TOAST

**BEATEN UP AVOCADO** £11.20  
HIT WITH A LITTLE LEMON ON A BED OF TOASTED BLOOMER TOPPED WITH 2 LARGE POACHED EGGS (WHY NOT ADD ANY EXTRAS)

**FRENCH TOAST** £8.40  
THICK CUT SLICES OF FRESH EGGY BREAD  
ADD MAPLE SYRUP £2.00 ADD BACON £3.00

**GRO OMELETTE** £14.10  
4 LARGE EGG OMELETTE WITH 2 FILLINGS OF YOUR CHOICE, GARNISHED WITH SRIRACHA SOUR CREAM AND SALSA

PLEASE CHOOSE ANY 2 FILLINGS:  
SPINACH, TOMATO, MUSHROOM, BACON, CHICKEN, CHEDDAR, AVOCADO, BLACK PUDDING, SMOKED SALMON, BAKED HAM, SALAMI, CHORIZO, STEAK JALAPENOS, RED ONION, GOATS CHEESE, HALLOUMI, FETA

## GRO BREAKFASTS

**BIG GRO BREAKFAST** £15.50  
LARGE EGGS SERVED HOW YOU LIKE, TWO SAUSAGES, 2 BACON, STORNOWAY BLACK PUDDING, STEAK SLICED SAUSAGE FLAT CAP MUSHROOMS, BEANS, TATTIE SCONE, FRESH VINE TOMATOES & CHUNKY TOAST

**WEE GRO BREAKFAST** £12.70  
THE LITTLE BROTHER OF OUR BIG GRO WITH LARGE EGG, SAUSAGE, STEAK SLICE, BACON, STORNOWAY BLACK PUDDING, MUSHROOMS, BEANS, TATTIE SCONE, TOMATO & CHUNKY TOAST

**VEGGIE GRO BREAKFAST** £14.10  
2 LARGE EGGS SERVED HOW YOU LIKE, SPINACH, VEGGIE SAUSAGES, HASH BROWNS MUSHROOMS, VEGAN BACON, BEANS, FRESH TOMATO, TATTIE SCONE & CHUNKY TOAST

## BIG BREAKFAST ROLLS/ SANDWICHES

ANY 2 ITEMS £6.60 3 £7.90 4 £9.50

rolls and sandwiches are buttered, please ask otherwise

bacon, sausage, sliced sausage, fried eggs,  
scrambled egg, tattie scone, hash browns  
black pudding, haggis, mushroom, tomato  
vegan bacon, vegan sausage

## BREAKFAST EXTRAS - ADD TO ANY DISH OR HAVE ON THE SIDE;

STORNOWAY BLACK PUDDING	£3.20	AVOCADO	£3.20	TATTIE SCONES	£1.60	MAPLE SYRUP	£2.10
2 BACON	£3.20	SPINACH	£1.60	TOMATOES	£1.50	HALLOUMI	£4.20
2 SAUSAGES	£3.20	VEGGIE SAUSAGES	£3.20	MUSHROOMS	£1.50	BUTTERED TOAST	£3.50
HAGGIS	£2.50	VEGAN BACON	£3.20	LARGE EGGS	£1.50	HASH BROWNS	£3.20
SMOKED SALMON	£4.20	BEYOND MEAT BURG	£4.20	ORGANIC BEANS	£2.10	CRISPY CHICKEN	£4.50

- PLEASE NOTE WE ONLY ACCEPT CARD PAYMENTS
- ALLERGY CONCERNS PLEASE INFORM OUR STAFF
- **BE AWARE THERE IS RISK OF CROSS CONTAMINATION, ALLERGIES AND GLUTEN**
- ALL OF YOUR GENEROUS TIPS GO DIRECTLY TO OUR STAFF

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# GRO

EST 2015

# DAYTIME FOOD MENU

## GRO SWEET STUFF

4 STACK 13.90 HALF STACK 9.90  
PICK YOUR BASE:  
PANCAKE STACK OR BRIOCHE FRENCH TOAST  
(VEGAN PANCAKES AVAILABLE)

PICK YOUR TOPPING:  
OUR DAILY SPECIAL (PLEASE ASK YOUR SERVER)

\*NUTELLA, MAPLE & CARAMELISED BANANA WITH CHOPPED NUTS, ICE CREAM

\*FRESH DOUBLE CREAM & BERRIES, BERRY COULIS  
& PISTACHIO (ADD GRANOLA ?)

\*BISCOFF TOP, MAPLE, STRAWBERRIES &  
LOTUS CRUMB AND MAPLE

\*RASPBERRY AND WHITE CHOCOLATE INFUSED, CARAMEL POUR,  
CHOPPED NUTS, RASPBERRY SORBET

## GRO CHUNKY SANDWICHES

comes with fresh homemade slaw and kettle chips  
£11.90

### PICK YOUR BREAD:

WHITE, BROWN, GLUTEN FREE OR TORTILLA WRAP

### PICK 1 PREMIUM FILLING:

OVEN BAKED HAM, CHICKEN BREAST, CHORIZO, TUNA MAYO, BACON,  
STEAK, CORONATION CHICKEN, SMOKED SALMON, BBQ PULLED PORK,  
CAJUN CHICKEN MAYO, PRAWN MARIE ROSE, BRIE, SMOKED CHEESE,  
GOATS CHEESE

FOR VEGAN PLEASE SEE THE GRO VEGAN BOX.

### PICK UP TO 2 STANDARD FILLINGS:

TOMATO, CUCUMBER, LETTUCE, SPINACH, COLESLAW, ONION, HUMMUS,  
MAYO, CHEDDAR, CHUTNEY, SRIRACHA, CREAM CHEESE, CHILLI JAM,  
CHIPOTLE, MAYO, PESTO

### UPGRADE..

ADD FRIES (SEA SALT, CAJUN, SALT & CHILLI) £4.00  
OR ADD SOUP FOR £3.00  
ADD AN EXTRA PREMIUM FILLING FOR £2.50  
ADD AN EXTRA STANDARD FILLING FOR £1.00

## GRO LUXURY CHUNKY TOASTIES

comes with fresh homemade slaw and kettle chips

£11.90

### PICK YOUR BREAD:

THICK CUT WHITE, BROWN, GLUTEN FREE OR TORTILLA WRAP

### PICK YOUR CHEESE:

MOZZARELLA, CHEDDAR, BRIE,  
SMOKED CHEESE, HALLOUMI, GOATS CHEESE

### PICK 1 PREMIUM FILLING:

STORNOWAY BLACK PUDDING, BACON, HAM, TUNA, CHICKEN,  
SMOKED SALMON, CHORIZO, SALAMI, STEAK, HAGGIS,  
MAC N' CHEESE, BBQ PULLED PORK, CHILLI,  
CAJUN CHICKEN, CAJUN CHICKEN MAYO, PEPPERONI

FOR VEGAN PLEASE SEE THE GRO VEGAN BOX.

### PICK UP TO 2 STANDARD FILLINGS:

ONION, TOMATO, PEPPERS, PINEAPPLE, JALAPENOS, BRANSTON PICKLE,  
CHUTNEY, GHERKIN, SRIRACHA, PESTO

### UPGRADE..

ADD FRIES (SEA SALT, CAJUN, SALT & CHILLI) £4.00  
OR ADD SOUP FOR £3.00  
ADD AN EXTRA PREMIUM FILLING FOR £2.50  
ADD AN EXTRA STANDARD FILLING FOR £1.00

## CHEESY GRO BAKED POTATOES

£11.90

**FRESHLY BAKED SERVED BUTTERED WITH GRILLED CHEDDAR  
with coleslaw and kettle chips**

PLEASE CHOOSE ONE OF OUR GORGEOUS MADE IN HOUSE FILLINGS:

TUNA MAYO, CORONATION CHICKEN,  
BEEF CHILLI, VEGGIE CHILLI, BBQ PULLED PORK, MAC N' CHEESE  
WITH CRISPY BACON BITS, ORGANIC BAKED BEANS,  
CAJUN CHICKEN MAYO,  
PRAWN MARIE & SMOKED SALMON

## GRO MAC SKILLETS

£14.90

**ORGANIC MACARONI WITH A COMBINATION OR MATURE CHEDDAR AND  
MOZZARELLA CHEESES, SERVED WITH GARLIC BREAD AND A CHOICE OF**

TOPPINGS:

BEEF CHILLI, BBQ PULLED PORK, BUTTERMILK CHICKEN,  
GRATED CHEESE TOPPER, CRISPY BACON BITS  
& STORNOWAY BLACK PUDDING, VEGGIE CHILLI

## GRO NACHO BOWL

£14.60

**A LARGE BOWL OF ORGANIC NACHOS, TOPPED WITH SOUR CREAM,  
HOME MADE SALSA AND GUACAMOLE  
LAYERED WITH GRILLED CHEDDAR.  
SERVED WITH A TOPPING OF YOUR CHOICE:**

VEGGIE CHILLI, BEEF CHILLI, BBQ PULLED PORK,  
MAC & CHEESE WITH BACON BITS,  
BUTTERMILK CHICKEN, CAJUN CHICKEN MAYO

## GRO VEGAN

**CHOOSE ANY OF THESE PRODUCTS TO ADD ANYWHERE ON THE MENU,  
DESIGN YOUR OWN DISH:**

MOZZARELLA, VEGAN BACON, HUMMUS, RICHMOND SAUSAGES, BBQ PULLED  
JACKFRUIT, VEGAN YOGHURT, ORGANIC FRIED SEASONED TOFU,  
BEYOND MEAT BURGER, MAYO

PRICES MAY VARY, PLEASE ASK YOUR SERVER FOR MORE INFORMATION

\*our granola and acai is also vegan

## DOGGY SECTION

**DOGGY SAUSAGES 3.20**

**PUPPUCCINO 2.90**

**FRESH SLICED CHICKEN POT 3.70**

**PUP CAKE 3.20**

**SCRAMBLED EGGS 3.20**

**CRISPY BACON 3.00**

### **DOGGY SECTION**



WE PROUDLY SOURCE AS MANY  
ORGANIC AND ETHICAL PRODUCTS AS FINANCIALLY POSSIBLE,  
INCLUDING OUR FLOUR, MILK, BUTTER,  
COFFEE, YOGHURT, BEANS AND MORE.  
OUR COMMITMENT IS TO QUALITY INGREDIENTS AND OUR  
CUSTOMER FIRST APPROACH.

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