

DAYTIME FOOD MENU

GRO'S OWN

all bloomer is buttered please ask otherwise

LOCAL HERO £13.50
TOWERS OF STORNOWAY BLACK PUDDING, HAGGIS ON TATTIE SCONES,
WITH CRISPY BACON & STEAK SLICE WITH 2 LARGE
POACHED EGGS ON TOASTED BLOOMER

BUTTERMILK CHICKEN STACK!
PANCAKES OR BRIOCHE FRENCH TOAST £13.90
MARINATED BUTTERMILK CHICKEN DEEP FRIED TO PERFECTION,
STREAKY BACON, TOPPED WITH A FRIED EGG, SIDE OF MAPLE POUR

THE AMERICAN £13.90
TWO FLUFFY PANCAKES, THREE HASH BROWNS, PORK SAUSAGES
BACON, MAPLE SYRUP, BLUEBERRIES AND TWO LARGE FRIED EGGS

HOT SMOKED SALMON £13.50
TOASTED BLOOMER, LAYERED WITH SMASHED AVOCADO,
HOT SMOKED SALMON AND TWO LARGE POACHED EGGS,
LEAFY GREENS, FRESH LEMON HOLLANDAISE DOTS

SRIRACHA MAPLE BRIOCHE FRENCH TOAST £13.80
LAYERED WARM BRIOCHE FRENCH, WITH SMOKED PANCETTA, SRIRACHA MAYO DOTS
BUTTERMILK CHICKEN COATED IN SRIRACHA MAPLE, TOPPED WITH A
FRIED EGG

STEAK PHILLY £13.90
CREAMY PHILADELPHIA, AVOCADO ASIDE A FANNED RUMP
STEAK AND TOPPED WITH TWO LARGE POACHED EGGS, SMOKED STREAKY BACON
ON TOASTED BLOOMER

HUEVOS RANCHEROS STACK £13.90
SLOW COOKED NDUJA PULLED PORK, ON SOFT FLOUR TORTILLAS
REFRIED BEAN, SMASHED AVO, LARGE GRILLED CHEDDAR
POACHED EGGS, PICO DE GALLO, SOUR CREAM, CHILLI PEPPER PEARLS

BREAKFAST BURRITO £13.00
CRISPY BACON, SAUSAGE, RICE, SCRAMBLED EGGS, TOMATO &
CHEDDAR WITH JALAPENOS, SALSA & SRIRACHA, SOUR CREAM

BREAKFAST TACO £13.90
WARM FLAT TORTILLA, JALAPENO, CHEDDAR, SMASHED AVO CHIPOTLE MAYO
SEASONED MARINATED BUTTERMILK CHICKEN, RICE,
FRIED EGG, SALSA

HOT HONEY AND HALLOUMI £13.50
SMASHED AVO ON TOASTED BLOOMER, SURROUNDED BY SMOKED PANCETTA
TOPPED WITH HALLOUMI AND A CRISP CHILLI FRIED EGG AND HOT HONEY DRIZZLE

GRO FEEL GOOD

BIG BOWL OF ORGANIC PORRIDGE OATS 6.90
SERVED PLAIN, OR ADD ONE OF OUR DELICIOUS

CHOOSE:
· MAPLE SYRUP, RAISINS & CINNAMON
· MIXED FRESH BERRIES & HONEY
· CARAMELISED BANANA & HONEY

HOME ROASTED GRANOLA BOWLS 9.00
ORGANIC YOGHURT OR ACAI
SERVED WITH A RANGE OF CHUNKY FRUITS AND BERRIES

HAPPY MELON DAYS 8.00
BIG MEDLEY OF FRESH MELON, CHUNKY FRUITS & FRESH BERRIES BOWL

GRO CLASSICS

all bloomer is buttered please ask otherwise

EGGS BENEDICT £12.00
2 LARGE POACHED EGGS WITH BACON, SERVED ON WARM
TOASTED BLOOMER, TOPPED WITH OUR OWN HOLLANDAISE SAUCE

HALLOUMI BENEDICT £12.80
2 LARGE POACHED EGGS WITH GRILLED HALLOUMI, SERVED ON WARM
TOASTED BLOOMER, TOPPED WITH OUR OWN HOLLANDAISE SAUCE

STORNOWAY BENEDICT £12.80
2 LARGE POACHED EGGS WITH, SERVED ON TWO SLICES OF BLACK PUDDING
ON TOASTED BLOOMER, TOPPED WITH OUR OWN HOLLANDAISE SAUCE

EGGS ROYALE £12.80
2 LARGE POACHED EGGS WITH SMOKED SALMON, SERVED ON TOASTED
BLOOMER TOPPED WITH OUR OWN HOLLANDAISE SAUCE

EGGS ANYYWAY £7.50
2 LARGE EGGS SERVED HOW YOU LIKE, POACHED, SCRAMBLED OR
FRIED WITH FRESH CHUNKY BLOOMER TOAST

BEATEN UP AVOCADO £10.80
HIT WITH A LITTLE LEMON ON A BED OF TOASTED BLOOMER TOPPED
WITH 2 LARGE POACHED EGGS (WHY NOT ADD ANY EXTRAS)

FRENCH TOAST £8.00
THICK CUT SLICES OF FRESH EGGY BREAD
ADD MAPLE SYRUP £2.00 ADD BACON £3.00

GRO OMELETTE £13.50
4 LARGE EGG OMELETTE WITH 2 FILLINGS OF YOUR CHOICE,
GARNISHED WITH SRIRACHA SOUR CREAM AND SALSA

PLEASE CHOOSE ANY 2 FILLINGS:
SPINACH, TOMATO, MUSHROOM, BACON, CHICKEN, CHEDDAR, AVOCADO,
BLACK PUDDING, SMOKED SALMON, BAKED HAM, SALAMI, CHORIZO, STEAK
JALAPENOS, RED ONION, GOATS CHEESE, HALLOUMI, FETA

GRO BREAKFASTS

BIG GRO BREAKFAST £14.30
2 ORGANIC EGGS SERVED HOW YOU LIKE, LOCALLY SOURCED SAUSAGES,
BACON, STORNOWAY BLACK PUDDING, FLAT CAP MUSHROOMS, BEANS,
TATTIE SCONE, FRESH VINE TOMATOES & CHUNKY TOAST

WEE GRO BREAKFAST £11.60
THE LITTLE BROTHER OF OUR BIG GRO WITH 1 ORGANIC EGG, SAUSAGE,
1 RASHER OF BACON, 1 PIECE OF STORNOWAY BLACK PUDDING, MUSHROOMS,
BEANS, TATTIE SCONE, TOMATO & CHUNKY TOAST

VEGGIE GRO BREAKFAST £13.50
2 LARGE EGGS SERVED HOW YOU LIKE, SPINACH, VEGGIE SAUSAGES, HASH BROWNS
MUSHROOMS, VEGAN BACON, BEANS, FRESH TOMATO, TATTIE SCONE & CHUNKY TOAST

BIG BREAKFAST ROLLS/ SANDWICHES
ANY 2 ITEMS £6.30 3 £7.50 4 £9.00

rolls and sandwiches are buttered, please ask otherwise

bacon, sausage, sliced sausage, fried eggs,
scrambled egg, tattie scone, hash browns
black pudding, haggis, mushroom, tomato
vegan bacon, vegan sausage

BREAKFAST EXTRAS - ADD TO ANY DISH OR HAVE ON THE SIDE;

STORNOWAY BLACK PUDDING	£3.00	AVOCADO	£3.00	TATTIE SCONES	£1.50	MAPLE SYRUP	£2.00
2 BACON	£3.00	SPINACH	£1.50	TOMATOES	£1.50	HALLOUMI	£4.00
2 SAUSAGES	£3.00	VEGGIE SAUSAGES	£3.00	MUSHROOMS	£1.50	BUTTERED TOAST	£3.50
HAGGIS	£2.50	VEGAN BACON	£3.00	LARGE EGGS	£1.50	HASH BROWNS	£3.00
SMOKED SALMON	£4.00	BEYOND MEAT BURG	£4.00	ORGANIC BEANS	£2.00	CRISPY CHICKEN	£3.50

- PLEASE NOTE WE ONLY ACCEPT CARD PAYMENTS
- ALLERGY CONCERNS PLEASE INFORM OUR STAFF
- BE AWARE THERE IS RISK OF CROSS CONTAMINATION, ALLERGIES AND GLUTEN**
- ALL OF YOUR GENEROUS TIPS GO DIRECTLY TO OUR STAFF



gro coffee



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GRO

EST 2015

DAYTIME FOOD MENU

GRO SWEET STUFF

4 STACK 13.50 HALF STACK 9.50
PICK YOUR BASE:
PANCAKE STACK, SWEET WAFFLE OR BRIOCHE FRENCH TOAST
(VEGAN PANCAKES & WAFFLES AVAILABLE)

PICK YOUR TOPPING:
OUR DAILY SPECIAL (PLEASE ASK YOUR SERVER)

***NUTELLA, MAPLE & CARAMELISED BANANA WITH CHOPPED NUTS, ICE CREAM**

***FRESH DOUBLE CREAM & BERRIES, BERRY COULIS
& PISTACHIO (ADD GRANOLA ?)**

***BISCOFF TOP, MAPLE, STRAWBERRIES &
LOTUS CRUMB AND MAPLE**

***RASPBERRY AND WHITE CHOCOLATE INFUSED, CARAMEL POUR,
CHOPPED NUTS, RASPBERRY SORBET**

GRO CHUNKY SANDWICHES

comes with fresh homemade slaw and kettle chips
£11.50

PICK YOUR BREAD:
WHITE, BROWN, GLUTEN FREE OR TORTILLA WRAP

PICK 1 PREMIUM FILLING:
OVEN BAKED HAM, CHICKEN BREAST, CHORIZO, TUNA MAYO, BACON,
STEAK, CORONATION CHICKEN, SMOKED SALMON, BBQ PULLED PORK,
CAJUN CHICKEN MAYO, PRAWN MARIE ROSE, BRIE, SMOKED CHEESE,
CHILLI CHEESE, EMMENTAL, GOATS CHEESE.

FOR VEGAN PLEASE SEE THE GRO VEGAN BOX.

PICK UP TO 2 STANDARD FILLINGS:
TOMATO, CUCUMBER, LETTUCE, SPINACH, COLESLAW, ONION, HUMMUS,
MAYO, CHEDDAR, CHUTNEY, SRIRACHA, CREAM CHEESE, CHILLI JAM,
CHIPOTLE, MAYO, PESTO

UPGRADE..
ADD FRIES (SEA SALT, CAJUN, SALT & CHILLI) £4.00
OR ADD SOUP FOR £3.00
ADD AN EXTRA PREMIUM FILLING FOR £2.50
ADD AN EXTRA STANDARD FILLING FOR £1.00

GRO LUXURY CHUNKY TOASTIES

comes with fresh homemade slaw and kettle chips

£11.50
PICK YOUR BREAD:
THICK CUT WHITE, BROWN, GLUTEN FREE OR TORTILLA WRAP

PICK YOUR CHEESE:
MOZZARELLA, CHEDDAR, BRIE, CHILLI CHEESE,
SMOKED CHEESE, EMMENTAL, HALLOUMI, GOATS CHEESE

PICK 1 PREMIUM FILLING:
STORNOWAY BLACK PUDDING, BACON, HAM, TUNA, CHICKEN,
SMOKED SALMON, CHORIZO, SALAMI, STEAK, HAGGIS,
MAC N' CHEESE, BBQ PULLED PORK, CHILLI,
CAJUN CHICKEN, CAJUN CHICKEN MAYO, PEPPERONI

FOR VEGAN PLEASE SEE THE GRO VEGAN BOX.

PICK UP TO 2 STANDARD FILLINGS:
ONION, TOMATO, PEPPERS, PINEAPPLE, JALAPENOS, BRANSTON PICKLE,
CHUTNEY, GHERKIN, SRIRACHA, PESTO

UPGRADE..
ADD FRIES (SEA SALT, CAJUN, SALT & CHILLI) £4.00
OR ADD SOUP FOR £3.00
ADD AN EXTRA PREMIUM FILLING FOR £2.50
ADD AN EXTRA STANDARD FILLING FOR £1.00

GRO BAKED POTATOES

£11.50
FRESHLY BAKED SERVED BUTTERED WITH SALAD AND CHUNKY COLESLAW,
PLEASE CHOOSE ONE OF OUR GORGEOUS MADE IN HOUSE FILLINGS:

TUNA MAYO, CORONATION CHICKEN,
BEEF CHILLI, VEGGIE CHILLI, BBQ PULLED PORK, MAC N' CHEESE
WITH CRISPY BACON BITS, ORGANIC BAKED BEANS, CHEDDAR,
CAJUN CHICKEN MAYO,
PRAWN MARIE & SMOKED SALMON

GRO MAC SKILLETS

£14.50
**ORGANIC MACARONI WITH A COMBINATION OR MATURE CHEDDAR AND
MOZZARELLA CHEESES, SERVED WITH GARLIC BREAD AND A CHOICE OF
TOPPINGS:**
BEEF CHILLI, BBQ PULLED PORK, BUTTERMILK CHICKEN,
GRATED CHEESE TOPPER, CRISPY BACON BITS
& STORNOWAY BLACK PUDDING, VEGGIE CHILLI

GRO NACHO BOWL

£14.00
**A LARGE BOWL OF ORGANIC NACHOS, TOPPED WITH SOUR CREAM,
HOME MADE SALSA AND GUACAMOLE
SERVED WITH MATURE CHEDDAR SAUCE POT TO DIP OR POUR.
SERVED WITH A FILLING OF YOUR CHOICE:**

VEGGIE CHILLI, BEEF CHILLI, BBQ PULLED PORK,
MAC & CHEESE WITH BACON BITS,
BUTTERMILK CHICKEN, CAJUN CHICKEN MAYO

GRO VEGAN

**CHOOSE ANY OF THESE PRODUCTS TO ADD ANYWHERE ON THE MENU,
DESIGN YOUR OWN DISH:**
MOZZARELLA, VEGAN BACON, HUMMUS, RICHMOND SAUSAGES, BBQ PULLED
JACKFRUIT, VEGAN YOGHURT, ORGANIC FRIED SEASONED TOFU,
BEYOND MEAT BURGER, MAYO

PRICES MAY VARY, PLEASE ASK YOUR SERVER FOR MORE INFORMATION

*our granola and acai is also vegan

DOGGY SECTION

DOGGY SAUSAGES 3.00

PUPPUCCINO 2.80

FRESH SLICED CHICKEN POT 3.50

PUP CAKE 3.00

SCRAMBLED EGGS 3.00

CRISPY BACON 3.00

DOGGY SECTION



WE PROUDLY SOURCE AS MANY
ORGANIC AND ETHICAL PRODUCTS AS FINANCIALLY POSSIBLE,
INCLUDING OUR FLOUR, MILK, BUTTER,
COFFEE, YOGHURT, BEANS AND MORE.
OUR COMMITMENT IS TO QUALITY INGREDIENTS AND OUR
CUSTOMER FIRST APPROACH.

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